

## DECEMBER 2013



s Best						· ·
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Prince George's County	Walk in Support, Cheverly/Hours 11 am-1 pm and 3pm–4pm	Walk in Support, Laurel, Central Avenue/Hours 11 am- 1 pm and 3pm–4pm	Walk in Support, Hyattsville/Central Avenue Hours 11am-1 pm and 3 pm- 4 pm	5 Walk in Support, Hyattsville/Laurel Hours 11 am- 1 pm and 3 pm–4pm	6 Walk in Support Cheverly 9-11am 2-4 pm	7
8	9 Walk in Support, Cheverly/Hours 11 am-1 pm and 3pm-4pm	Walk in Support, Laurel, Central Avenue/Hours 11 am- 1 pm and 3pm-4pm	11 Walk in Support, Hyattsville/Central Avenue Hours 11am-1 pm and 3 pm- 4 pm	Walk in Support, Hyattsville/Laurel Hours 11 am- 1 pm and 3 pm-4pm	13 Walk in Support Cheverly 9-11am 2-4 pm	14
15	16 Walk in Support, Cheverly/Hours 11 am-1 pm and 3pm-4pm	17 Walk in Support, Laurel, Central Avenue/Hours 11 am- 1 pm and 3pm-4pm	18 Walk in Support, Hyattsville/Central Avenue Hours 11am-1 pm and 3 pm- 4 pm	19 Walk in Support, Hyattsville/Laurel Hours 11 am- 1 pm and 3 pm-4pm	20 Walk in Support Cheverly 9-11am 2-4 pm	21
22	23 Walk in Support, Cheverly/Hours 11 am-1 pm and 3pm-4pm	Walk in Support, Laurel, Central Avenue/Hours 11 am- 1 pm and 3pm-4pm	25	26 Walk in Support, Hyattsville/Laurel Hours 11 am- 1 pm and 3 pm–4pm	Walk in Support Cheverly 9-11am 2-4 pm	28
29	30 Walk in Support, Cheverly/Hours 11 am-1 pm and 3pm-4pm	31	To Contact Breastfeeding Support near you: Breastfeeding Warm Line: (301)856-9541		Services: - Peer Counselor program - peer counselors are moms just like you that have been on WIC and breastfed, they offer BF support on an individual basis - please call: 443-262-4423 and press 1 for the BFPC line International Board Certified Lactation Consultant / Registered Nurse – Available to answer medical and breastfeeding questions – please call: (410)-758-0720 ext: 4510	



## JANUARY 2014



9's Best 9						7 10 -
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Prince George's County  Services: - Peer Counselor program - peer counselors are moms just like you that have been on WIC and breastfed, they offer BF support on an individual basis - please call: 443-262-4423 and press 1 for the BFPC line International Board Certified Lactation Consultant / Registered Nurse — Available to answer medical and breastfeeding questions — please call: (410)-758-0720 ext: 4510		To Contact Breastfeeding Support near you: Breastfeeding Warm Line: (301)856-9541	1	Walk in Support, Hyattsville/Laurel Hours 11 am- 1 pm and 3 pm–4pm	3 Walk in Support Cheverly 9-11am 2-4 pm	4
5	6 Walk in Support, Cheverly/Hours 11 am-1 pm and 3pm–4pm	7 Walk in Support, Laurel, Central Avenue/Hours 11 am- 1 pm and 3pm-4pm BREASTFEEDING BASICS CLASS -CPU LAUREL -09:45AM	8 Walk in Support, Hyattsville/Central Avenue Hours 11am-1 pm and 3 pm-4 pm	9 Walk in Support, Hyattsville/Laurel Hours 11 am- 1 pm and 3 pm–4pm	10 Walk in Support Cheverly 9-11am 2-4 pm	11
12	Walk in Support, Cheverly/Hours 11 am-1 pm and 3pm-4pm BREASTFEEDING BASICS CLASS -CPU Cheverly -09:45AM	14 Walk in Support, Laurel, Central Avenue/Hours 11 am- 1 pm and 3pm-4pm BREASTFEEDING BASICS CLASS -CPU Central Ave -09:45AM	15 Walk in Support, Hyattsville/Central Avenue Hours 11am-1 pm and 3 pm-4 pm BREASTFEEDING BASICS CLASS – CPU Hyattsville - 09:45AM	16 Walk in Support, Hyattsville/Laurel Hours 11 am- 1 pm and 3 pm-4pm BREASTFEEDING BASICS CLASS - CPU Dyer - 09:45AM	17 Walk in Support Cheverly 9-11am 2-4 pm	18
19	20	Walk in Support, Laurel, Central Avenue/Hours 11 am- 1 pm and 3pm-4pm BREASTFEEDING BASICS CLASS -CPU Cheverly, Central Ave - 09:45AM	22 Walk in Support, Hyattsville/Central Avenue Hours 11am-1 pm and 3 pm-4 pm BREASTFEEDING BASICS CLASS –CPU Hyattsville -09:45AM	23 Walk in Support, Hyattsville/Laurel Hours 11 am- 1 pm and 3 pm-4pm	24 Walk in Support Cheverly 9-11am 2-4 pm	25
26	Walk in Support, Cheverly/Hours 11 am-1 pm and 3pm–4pm	28 Walk in Support, Laurel, Central Avenue/Hours 11 am- 1 pm and 3pm–4pm BREASTFEEDING BASICS CLASS –CPU Central Ave -09:45AM	Walk in Support, Hyattsville/Central Avenue Hours 11am-1 pm and 3 pm-4 pm	Walk in Support, Hyattsville/Laurel Hours 11 am- 1 pm and 3 pm-4pm	31 Walk in Support Cheverly 9-11am 2-4 pm	



## FEBRUARY 2014



s Best						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Prince George's County  To Contact Breastfeeding Support near you: Breastfeeding Warm Line: (301)856-9541		Services: - Peer Counselor program - peer counselors are moms just like you that have been on WIC and breastfed, they offer BF support on an individual basis - please call: 443-262-4423 and press 1 for the BFPC line International Board Certified Lactation Consultant / Registered Nurse — Available to answer medical and breastfeeding questions — please call: (410)-758-0720 ext: 4510				1
2	3 Walk in Support, Cheverly/Hours 11 am-1 pm and 3pm-4pm BREASTFEEDING BASICS CLASS -CPU Cheverly-09:45AM	4 Walk in Support, Laurel, Central Avenue/Hours 11 am- 1 pm and 3pm-4pm BREASTFEEDING BASICS CLASS -CPU LAUREL -09:45AM	5 Walk in Support, Hyattsville/Central Avenue Hours 11am-1 pm and 3 pm-4 pm BREASTFEEDING BASICS CLASS – CPU Hyattsville -09:45AM	6 Walk in Support, Hyattsville/Laurel Hours 11 am- 1 pm and 3 pm–4pm BREASTFEEDING BASICS CLASS –CPU Dyer -09:45AM	<b>7</b> Walk in Support Cheverly 9-11am 2-4 pm	8
9	10 Walk in Support, Cheverly/Hours 11 am-1 pm and 3pm-4pm BREASTFEEDING BASICS CLASS -CPU Cheverly -09:45AM	11 Walk in Support, Laurel, Central Avenue/Hours 11 am- 1 pm and 3pm-4pm BREASTFEEDING BASICS CLASS -CPU Central Ave -09:45AM	Walk in Support, Hyattsville/Central Avenue Hours 11am-1 pm and 3 pm-4 pm BREASTFEEDING BASICS CLASS – CPU Hyattsville – 09:45AM	Walk in Support, Hyattsville/Laurel Hours 11 am- 1 pm and 3 pm-4pm	14 Walk in Support Cheverly 9-11am 2-4 pm	15
16	17	18 Walk in Support, Laurel, Central Avenue/Hours 11 am- 1 pm and 3pm-4pm BREASTFEEDING BASICS CLASS -CPU LAUREL, Central Ave and Cheverly -09:45AM	19 Walk in Support, Hyattsville/Central Avenue Hours 11am-1 pm and 3 pm-4 pm BREASTFEEDING BASICS CLASS – CPU Hyattsville - 09:45AM	Walk in Support, Hyattsville/Laurel Hours 11 am- 1 pm and 3 pm–4pm BREASTFEEDING BASICS CLASS –CPU Dyer - 09:45AM	21 Walk in Support Cheverly 9-11am 2-4 pm	22
23	Walk in Support, Cheverly/Hours 11 am-1 pm and 3pm–4pm	Walk in Support, Laurel, Central Avenue/Hours 11 am- 1 pm and 3pm-4pm BREASTFEEDING BASICS CLASS -CPU Central Ave -09:45AM	Walk in Support, Hyattsville/Central Avenue Hours 11am-1 pm and 3 pm-4 pm	Walk in Support, Hyattsville/Laurel Hours 11 am- 1 pm and 3 pm-4pm	28 Walk in Support Cheverly 9-11am 2-4 pm	